

Duathlon Sunday 17th April 2016

LONG COURSE	Run 9.8km	Bike 40km	Run 5.2km	Total		
Graham BOND	41.14	1.20.17	23.33	2h25m04s	0%	10
Colin CHAMBERS	44.44	1.16.56	23.58	2h25m38s	0.4	9
Gunter EIFLER	42.56	1.19.47	24.49	2h27m32s	1.7	8
Phil COUCH	40.50	1.21.13	26.39	2h28m42s	2.5	7
Steve ALDEN	42.49	1.23.34	24.19	2h30m42s	3.9	6
John MacTEAR	43.34	1.26.08	24.19	2h34m01s	6.2	5
Ricketts/Anderson	48.28R	1.19.49A	26.46R	2h35m03s		
Team SHOESMITH	52.58B	1.19.15M	28.34B	2h20m47s		
Brad WILLIAMS	47.47	1.30.00	30.27	2h48m14s	15.9	4
Simon BARTON	51.30	1.39.30	?DNF		100	3
Neil GILES	DNF injury					
SPRINT COURSE	Run 5km	Bike 20km	Run 5km	Total		
Emma JAFFE	24.23	1.07.08	14.11	1h45m42s	0%	10
Sarah HINTON	30.22	1.06.48	17.15	1h54m25s	8.2	9
Angela MURRAY	30.07	1.04.25	22.00	1h56m32s	10.2	8
Joanne BARTON	31.42	1.17.46	17.22	2h06m50s	20	7
Julie WILLIAMS	34.30	1.31.38	17.35	2h23m43s	35.9	6 (longer bike)
George MURRAY	20.20	49.33	14.00	1h23m53s		
Mike JAFFE	21.37	49.31	15.27	1h26m35s	3.2	10
Jo FLEMING	21.11	56.00	11.59	1h29m10s	6.3	9
Andrew BIGGS	23.38	53.21	13.25	1h30m24s	7.7	8
Callum MURRAY	23.11	56.25	13.58	1h33m34s	11.5	7
Mike HOOK	24.12	1.05.57	13.40	1h43m49s	23.7	6
Ben FERGIE	21.28	DNF puncture			100	5